

100 Polyglot Podcasts Later...



What are the secrets of the top polyglots?

Today

1. The Polyglot Journey
2. Reflections on Language Learning
3. Q&A

The proverbial 'Polyglot Journey'

- Many different shapes and sizes
- For some a single language or perhaps a limited amount
- For others a life-long obsession.
- We're at different places along the way.

My journey

- Interested in languages at an early age
- Put on hold; ‘tired of school’
- Multiple personal tragedies
- Depression, despair, hopelessness
- Discovered “polyglotism” late 2013
- Started Actual Fluency early 2014
- First Podcast episode released March 19, 2014 with David Mansaray
- Since then over 90 *published* episodes
- As a learner currently learning Hungarian and Russian with an aim to have 6 conversational languages by the end of 2017.

Original Purpose of AEP

- Habitual quitter in need of regular motivation/Inspiration
- Very few podcasts; If it doesn't exist, make it!
- Curiosity: 'There must be a secret to this'
- Wait, maybe someone else would be interested!
- Ideas worth sharing™

Today...

- The podcast continues as a weekly (mostly) interview show
- Over 200,000 total downloads to date
- Emphasis more on mixing it up, motivation and regular inspiration
- Future

Some of the guests...

Via dio

Sprachprofi, Lingosteve Cable
Britains most multilingual student

Krasa The Irish Polyglot MacPherson

Chuff Sprachbegeistert You?

The founder The Hyperglot
Ludisto Richards Dow

Language Tsar

...And many more

Reflections



On language learning

Shh...



It's a secret to everybody.

Good to know.



Not everything in language learning is obvious.

Impossible is nothing.



Except sounding like a native Danish speaker.

**Failure is not an
option.**



Literally.

Deja vú?



Repetition is valuable.

**Hard work beats
talent.**



(Unless talent is working hard too...)

Excuses, excuses



Excuses are the building blocks to nothing.

Why is important.



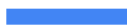
Motivation matters.

What gets measured gets done



Set measurable, trackable goals.

Keep it simple.



Learning a language is simple, but not easy.

All ways lead to Rome.



There are many ways to Fluency.

Deja vú?



Repetition is valuable.

**Immersion alone does
not produce fluency.**

It's not necessary to move to where the language is spoken.

Stay focused



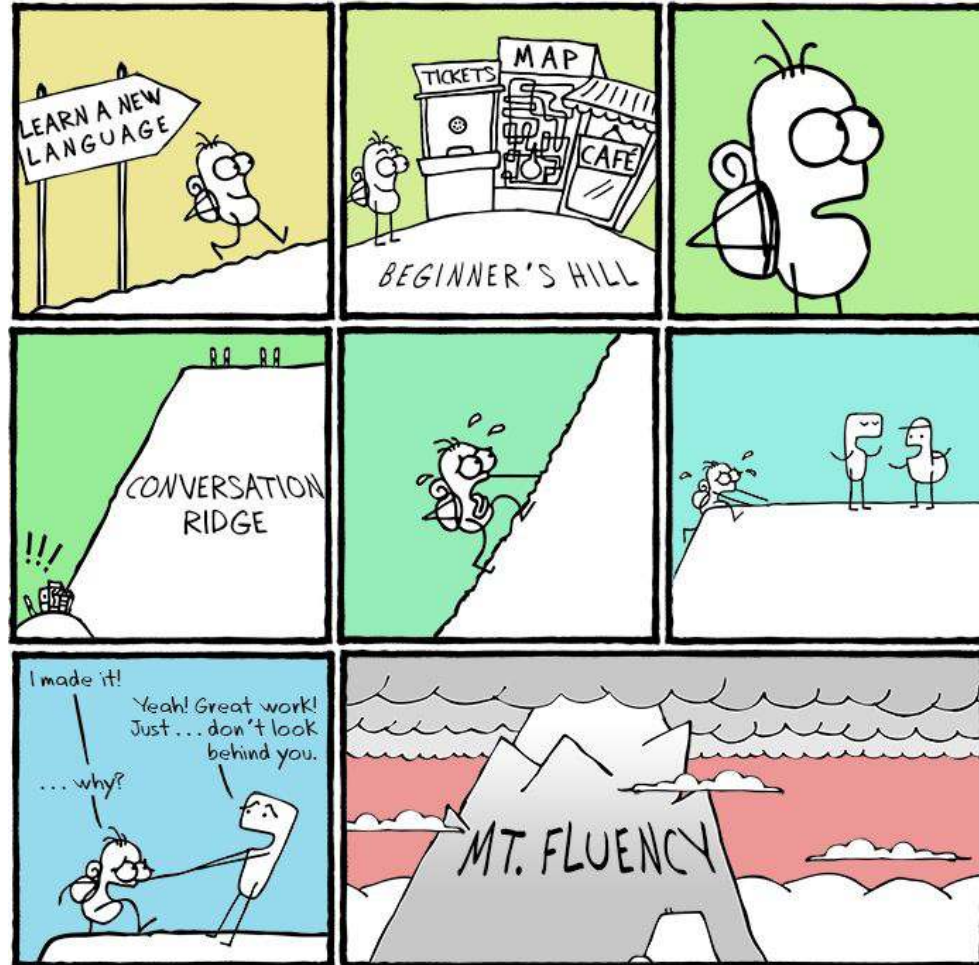
Person who chases two rabbits catches neither

Stick with it.



The rewards are at the end, not near the beginning.

ITCHY FEET



It's a marathon



- Not a sprint.

Fun allowed.



Enjoyment usually outperforms efficiency

Experiment.



Try all the methods and mediums to find what you most enjoy.

Be you.



Not two learners are the same.

Be curious



Guessers are better learners.



How to learn 10 languages

Speak 9 languages and add 1.

Stay regular...



Regularity beats intensity.

Get help...



Tutoring, meetups, language exchanges, accountability partners etc.

Nobody is perfect...



Don't strive for perfection.

You don't find time



You make it.

**The grass is not
always greener.**



Don't switch methods or languages constantly.

Share your learning.



Come on the podcast.

The spill effect



Language learning as a metaphor.

The secret part deux



The conclusion.

Thank you!



Kris Broholm
ActualFluency.com / AFPodcast.com

<http://actualfluency.com/guest>

AmA



Ask me anything. Literally.

<http://actualfluency.com/guest>